



fall '08 class schedule: august 18 - december 13, 2008

Updated on 8/22/2008

imagym jr | 6 months to 5 years old

Class	Age	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Combo 1,2 &3	6 - 12 mos		12:15				
Stage 3	12 - 18 mos		12:15	10:30			
Stage 4	18 - 30 mos		10:30	10:30			
Combo 3 & 4	12 mos - 2 1/2 yrs					11:00	
Stage 5	2 1/2 - 3 1/2 yrs			10:30	11:30		
Stage 3, 4, & 5	12 mos - 3 1/2 yrs	10:15					9:45
Stage 5 & 6 NEW	2 1/2 - 5 yrs		11:30				
Stage 6	3 1/2 - 5 yrs		4:30		10:45		
Stage 6 Gymnastics	3 1/2 - 5 yrs	11:30		3:30	2:30		10:30
Stage 6 Sports Skills	3 1/2 - 5 yrs	2:45		11:30		3:15	
Stage 6 Fit Play Cardio Blast	3 1/2 - 5 yrs	4:30	2:30			2:30	
Stage 6 Yoga Balance	3 1/2 - 5 yrs			2:45		11:30	
Stage 1-6 Sibling Fit-Play NEW	6 mo - 6 yrs			5:30			
Stage 6 Self Defense (P)	3 1/2 - 5 yrs		3:45				
Stage 6 Ballet/Jazz (P)	3 1/2 - 5 yrs	3:30					
Field Trips & Play Dates	6 mo - 12 yrs					9:00 / 10:00	
Drop 'N Shop	3 - 12 yrs		1:00 - 2:30		1:00 - 2:30	1:00 - 2:30	
Kids' Night Out	3 - 12 yrs					6 - 9:00pm*	

imagym | 6 to 12 years

Class	Age	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Stage 7 & 8 Sports Skills	6 - 12 yrs			4:30			
Stage 7 & 8 Resistance	6 - 12 yrs	5:30			4:15		11:30
Stage 7 & 8 Gymnastics	6 - 12 yrs					4:00	
Stage 7 & 8 Fit Play Cardio Blast	6 - 12 yrs		5:30		5:15		
Stage 7 & 8 Yoga Balance	6 - 12 yrs					5:00	
Stage 7 & 8 Cardio Circuit	6 - 12 yrs			5:30			
Stage 7 & 8 Hip hop	6 - 12 yrs	4:30					
Stage 7 & 8 Self Defense (P)	6 - 12 yrs		4:30				
Field Trips & Play Dates	3 - 12 yrs					9:00 / 10:00	
Drop 'N Shop	3 - 12 yrs		1:00 - 2:30		1:00 - 2:30	1:00 - 2:30	
Kids' Night Out	3 - 12 yrs					6 - 9:00pm*	

* Kids Night Out occurs every 1st and 3rd Friday of the month.

new class for rising toddlers

Bring your 2 1/2 - 5 year olds to our new **Stage 5/6** class and let them enjoy their first class independent of mom. With activities tailored to their age and developmental stage, kids participate in activities that build physical, emotional and social skills.

winter break camps

Have you enrolled your kids in our summer camp yet? We offer fun active play, gymnastics, sports skills, yoga, crafts, nutritional education and cooking lessons at the Young Chefs Academy. Daily or weekly sessions are available december 15 - 23, 9am - 1pm.

\$50/day or \$230-250/week. Extended care is available until 2pm. **Don't wait. Space is limited.**

personal training

Make it personal. Make it fun. Our **personal training** program for kids up to 15 years old focused on agility, strength, balance, coordination, and self-confidence, all in a fun environment with trainers who are big kids themselves! 6 and 12 session packages are available. Ask us for details.

location
227 sandy spring place,
suite 356
sandy springs, ga 30328

hours
mon - fri 9:00 - 6:00 pm
sat 9:00 - 5:30 pm
sun parties only

information
404 843 3481
hello@imagymkids.com
www.imagymkids.com

